



## **St Francis Xavier Parish**

6 Church Street (GPO Box 450) Goodna, Qld. 4300

**Office Hours: Monday - Wed 9.00am — 4.00pm**

**Friday 9.00am — 4.00pm Closed Thursdays**

Website: [stfrancisxaviergoodna.org.au](http://stfrancisxaviergoodna.org.au)

Ph: 3818 0111 Fax 3818 1420 Email: [goodna@bne.catholic.net.au](mailto:goodna@bne.catholic.net.au)

**Parish Clergy: Fr Roger Burns PP.**

**Parish Secretary: Mrs Marie Hodges**

**(Local Safeguarding Children Representative: Marie Hodges)**

St Vincent De Paul: For Assistance Please call 3010 1096 - Weekdays only . Meetings:

Fortnightly on Tuesday 7.00pm. Call 0479 163 335

**17th Sunday  
in Ordinary  
Time**

**24th July  
2016**

Embracing the suburbs of Goodna, Bellbird Park, Camira, Carole Park, Collingwood Park, Ellen Grove. Gailes, Kruger, Redbank, Redbank Plains, Wacol and beyond.

### **GOOD NEWS: The Hugging Prayer**

My mother taught me many prayers when I was young. Often these were prayers of comfort, in contrast to those of my father. His prayers taught me to meet life's challenges. I did not always think of my mother's prayers as prayers, even though that's what she called them. Sometimes I just went through them with her to satisfy her. Nevertheless, because they were based on experience, many of them stuck with me.

This is one of my favourites. I was about six years old at the time that I learned this one. I was sitting outside on a block of concrete, and I was crying. I don't even know why. I was just crying and crying. My mother came along and said, "What's the matter?" I said, "Nothing. Leave me alone!" She did—and then I really started crying.

About fifteen minutes later she came back and sat beside me. "You know," she said, "I have to tell you something. There are going to be a lot of times in your life when you are going to cry, and you won't know why. You won't understand and neither will anybody else. You can marry the nicest man in the world, but at times like this, even he won't know what to do to help you crying."

Then she said she was going to teach me a prayer for the times when I was crying and didn't know why. She made me get off the cement block and stand up. She said, "Now put your arms around yourself." I did, but it wasn't good enough for her. "You're just folding your arms," she said. "Put them all the way around yourself. Cuddle your body. Hold yourself the way you would hold a baby in your arms.

"Now have a real good hold of yourself, close your eyes and begin to rock yourself. Rock yourself real good, the way you would a baby, and just keep doing it. When you grow up, no matter how old you are, and you find yourself crying and you don't know why, I want you to rock yourself just like this. And as you do it, remember that you are God's little girl and that God understands why you are crying even if no one else does. And remember, too, that God holds you close just the way you are holding yourself, because God loves you very much. Then just keep rocking yourself and be comforted."

Isn't it a good prayer? I still say it today when I feel bad. I recommend it for you too. Just stand wherever you are—in the kitchen, in the shop, or in the bathroom—and wrap your arms around yourself as tightly as you can. Rock yourself. Before long you will be able to feel God holding you in the same way you are holding yourself. You will be comforted the way you were comforted as a child when you mother held you in her arms and rocked you.

*Sr. Jose Hobday.*

According to the old catechism, 'prayer is the lifting up of the heart and mind to God.' In a sense, words are not enough, there has to be some element of the heart and mind being involved. Without these two elements, our prayers are mere sounds lost on the wind. With the heart and mind involved, our prayers become arrows directed towards the one who is able to answer them.

Prayer is not easy, saying prayers can be. Thinking about what we are saying, and why we want to say it moves us into an entirely different activity. When the disciples both saw Jesus praying and heard him they were impressed, and wanted to imitate him. They recognized that the words were infused with meaning, and as such were heard and acted on by their Father in heaven.

### **Sacramental Preparation—First Eucharist.**

The first talk for candidates and parents in this series will be on this Sunday 24th July in the Church, after the 9.00am Mass.

**Planned Giving Envelope No 56** If you have this number could you please contact the Office .

**Parish Seniors BBQ Lunch** Monday 25th July, 2016. 10.00am for a 10.30am Start

Come along and enjoy meeting people from around our Parish. Meet and be entertained by Students from SFX Primary School. Raffle's, Lucky door prizes.

Names and Numbers will be collected after all Masses this weekend and next or Contact Marie 3818 0111 or Agnes 3271 2452 or email Agnes [acfry@gil.com.au](mailto:acfry@gil.com.au).

**Catholic Identification Card** is an initiative of a Parishioner of the Our Lady of the Rosary Parish Caloundra and we have been given a significant number for any of our Parishioners who wish to have one. The cards are made of the same materials that are used in Credit Cards so are of good quality. It is a double sided card of wallet size and was suggested that it be kept with your Drivers Licence. One side says "I AM A CATHOLIC in the event of an accident or emergency please call a Priest." And on the other side is a little prayer, praying for our Priests. If you would like one please collect from the Sacristy.

**You are Invited** to attend the **Solemnity of Saint Mary of the Cross MacKillop** celebrated by Archbishop Mark Coleridge on Monday, 8th August 2016 at 10am in the Cathedral of St Stephen.

This year marks 150 years since the Sisters of St Joseph of the Sacred Heart were founded by Mary MacKillop and Fr Julian Tenison Woods. In honour of the sesquicentenary, celebrations will include the blessing and opening of the new **MacKillop Walk** in the Cathedral precinct.

All the faithful are invited to celebrate the feast of Australia's first saint and guests are encouraged to join us for morning tea in the Cathedral grounds after Mass. **RSVP by 1 August 2016 by email to [rsvp@bne.catholic.net.au](mailto:rsvp@bne.catholic.net.au) or call 3324 3320.**

**Bridge to Brisbane 2016** Caritas Australia invite you to walk or run in solidarity with the innocent people of the Middle East who have been forced to flee for their safety, who have lost loved ones, and who will suffer the effects of conflict long after it is over. The event will be held on Sunday 28th August. Contact Joe Foley on 3324 3134 or email at [josephf@caritas.org.au](mailto:josephf@caritas.org.au) for more information.

**QUO VADIS WEEKEND** Vocation Brisbane invites young men who are considering priesthood to attend the Quo Vadis weekend held at the seminary. The weekend introduces men to the life and ministry of the priest, formation at the seminary and how to discern the call.

**Dates: 26th-28th August 2016**

**Venue: Holy Spirit Seminary**

**Cost: \$50 (or by donation)**

**Registration closes: 29th July 2016**

Please contact Adam Burns, [burnsa@bne.catholic.net.au](mailto:burnsa@bne.catholic.net.au) to register or for more information.

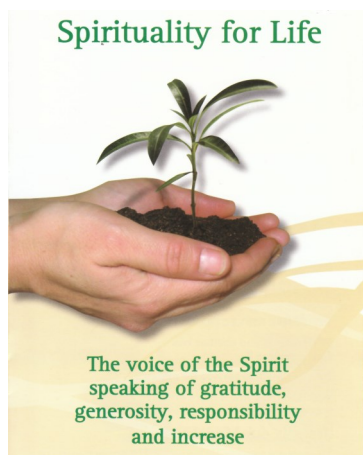
**Position Vacant** Evangelisation Brisbane invites applications for the position of Weekday Supervisor at Santa Teresa Spirituality Centre, Ormiston.

This fulltime position requires a dedicated person to run the operations of the Archdiocesan Spirituality Centre from Monday to Thursday from 8am to 7pm. Total salary package is \$69,990 p.a. (incl. superannuation and annual leave.) Effective interpersonal skills, hospitality experience, administrative skills and the ability to manage large groups are required. Commitment to the vision of the Centre is essential.

For full details of the position, including a copy of the Santa Teresa Vision Statement,

email: [ebadmin@bne.catholic.net.au](mailto:ebadmin@bne.catholic.net.au) or phone: 3324 3440 Applications close on Wednesday 27 July 2016.

**Humour** An Irishman collected a large insurance settlement after an auto accident by pretending that his injuries had put him in a wheelchair for life. When the inspector from the insurance company warned him that he would be pursued by them for the rest of his life until they established the fraudulence of his claim, he responded by telling him that they would be following him to the Catholic religious shrine at Lourdes and 'there you're going to see the greatest miracle of your life'.



***Each one of you has received a special grace, so, like good stewards responsible for all these varied graces of God, put it out at the service of others.”***  
***(1 Peter 4:10)***

**17th Sunday in Ordinary Time**

*“Ask and you will receive; seek and you will find; knock and the door will be opened to you.” Luke 11:9*

Jesus assures us that if we ask Him, God will take care of what we need. The problem is that in our culture we often confuse what we really **need** with what we simply **want**. Many people need very little. However, we usually want so much more. A good steward only asks God for what he needs. (Accessed on 12th July 2016 from <http://archstl.org/stewardship/page/bulletin-inserts>)

**COMMUNION MATTERS.**

Recently a parishioner gave me a copy of another parish’s newsletter which contained a passage by Elizabeth Harrington from Liturgy Brisbane.

**Blessing oneself after receiving Communion.**

**Q:** Some people in the parish started making the sign of the Cross on themselves after receiving Communion and others are now copying them. Is it what we are supposed to do or not?

**Q:** The sign of the cross is reserved for blessing oneself with holy water on entering the church at the beginning and end of Mass.

After receiving Communion, hands that have touched the Body of Christ should be clasped together reverently, not making the sign of the cross.

Paragraph 160 of the official *general Instruction of the Roman Missal* makes it very clear that the sign of reverence for the sacred elements is a bow that is made as communicants approach the ministers distributing Communion: “When approaching to receive Holy Communion, the faithful bow in reverence of the mystery they are about to receive”. Communicants are to make a simple bow of the head when they step forward to receive the consecrated elements from the minister. Such a bow can be done simply, without disrupting the flow of the Communion Procession.

The aim of introducing the instruction about bowing before receiving Communion was to stop people doing their own thing like genuflecting and making the sign of the cross. We all do the same thing at Communion, because Communion make us One Body in Christ and we are all the same in the eyes of God. We should do nothing that sets us apart from others.

© 2016 Elizabeth Harrington. “Liturgy Lines” - Liturgy Brisbane

The instructions for receiving Communion were introduced by the Bishops of Australia just prior to the new Missal being published. For people from other countries, this can seem strange and they may wish to continue with their own practices from their own culture. The old adage “When in Rome, do as the Romans do!” is a good guide.

In the celebration of the Eucharist we are ‘One’ and as Elizabeth has stated ‘we should do nothing that sets us apart.’

When receiving Communion in the form of the host, make a simple bow, then immediately place the consecrated host in your mouth before turning away. Stepping to the side to make the sign of the cross towards the tabernacle, is an empty gesture. At that moment in time, Jesus is within you, the tabernacle is empty.

I sometimes wonder what people are thinking about who they receive from, making an effort to cross over to receive the host from the priest, and then moving on to receive the Precious Blood from a minister? What is important is a recognition of Who we receive in Holy Communion and not so much who we receive from. After all we are all sinners united in the celebration of the Eucharist.

# PARISH NOTICES

## Dates for your Diary



Sun 24th July 17th Sunday in Ordinary Time  
 Mon 25th July Divine Mercy Prayer Group  
 In English 6.00pm  
 Wed 27th July Rosary Group 6.30pm  
 Fri 29th Baptism Preparation  
 Sun 31st July 16th Sunday in Ordinary Time

## Collections For Last Week

**First** ☺ ☐  
**Second** ☺ ☐  
 ☺ ↑ = Income up on last week.  
 ☹ ↓ = Income down  
 ☺ ☐ = Income steady.

**Welcome to our Community!** Have you moved into our parish lately? We would love to hear from you. Please give the Parish Office a call on 3818 0111. If you call at the information point after Mass, a member of the Parish Council will give you a welcome and information pack. We hope that you will enjoy your time in the parish and join in our activities.



**For the Sick and housebound.** If you know of anyone who is sick or housebound and would like a visit from a priest or to receive Holy Communion, please let the parish office know and a visit can be arranged.

## 16th Sunday in Ordinary Time

Gen 18:20-32; Col 2:12-14; Lk 11:1-13

Psalm: Lord, on the day I called for help, you answered me.

## 18th Sunday in Ordinary Time

Ecc; 1<sup>st</sup> 2:21-23; Col 3:1-5, 9-11; Lk 12:13-21



### Services times this week:

**Saturday Vigil Mass 6.00pm**  
**Sunday 7.30am Mass**  
**9.00am Mass**

### Weekdays

Monday **No Mass**  
 Tuesday 9.00am Mass  
 Wednesday **No Mass**  
 Thursday 9.00am Mass  
 Friday 9.00am Mass (In school)  
 Saturday 6.00pm Vigil Mass  
 Sunday 7.30am & 9.00am

**Reconciliation** Sat 5.00 – 5.30pm

### Cleaning: 29 July Maria & Family

If you would like to help out on this roster, please contact Pam Dodrill on 3288 4594. (Roster approximately once every eight weeks) The current Roster is available from the Sacristy. If you cannot honour your commitment please let Pam know.

### We Pray for the Sick:

Audrey Congreve, Colin Jackson, Sr Helen Stanley, Breda O'Sullivan, Ellen Parker, Rose Logan, Edna May Tourney, Keith Auld, Kathy McMonagle, Kevin Ward, Matthew Berwick, John Ward, Allan Peterson, Kathleen Doherty. Rachel Scriben, Stan Brown, Carmon Z, Nancy McCarrick, Kath McGrath, Maria Vink, Claire Curry, Phil O'Dwyer, William Ryan, Hudson McHardy, Hini Habchi, Jamie Teal, Jaiden Madasferi, Maureen Shackleton, Macey Ingham, Nada Payne, Carmel Vig, Rebecca Habraken, Sr Carmel, Wendy Marshall, Eileen Monaghan, Betty Douglas, Marge Robins, Neil Ham. (Some names have been removed from this list, so please contact us if you need these names back on. If you know someone who can come off the sick list please contact us)

### Anniversaries: 24-30 July

Petronela Bernotas, Evaline Butler, Maria Van Kraay, Ronald Miner, Arsenio Amo, Patrick Galligan, Thomas Alcock, Arthur Nelson, John Lendich, Theo Brokeman, Bernard Bradley, Sherril Pereira, Anna Tulleners, Angela Ryan, Margaret Byrnes, Annie Spreadborough, Mary Fitzpatrick, David McCoy, Malia Langsiu, Margaret Potter, Denis Muir, Kathleen Van Bael.

**Recently Deceased:** Josephine Shields

### LOOP SYSTEM



The church Sound System at St Francis Xavier's is fitted with a Loop System. If you wear a hearing-aid set the control to the "T" setting to obtain a clear sound.

**A gift in your Will** can provide support for the many ministries of your Parish and ensure a legacy of faith for future generations. A gift in your will is a wonderful way to express your Catholic faith. After you have provided for your loved ones, please consider a lasting memory to your parish. Booklets available from Parish Office.



Newsletters by Email.

If you would like this newsletter sent to you by email each week, simply send an email to good-na@bne.catholic.net.au title it 'newsletter' and the next week you should receive the email.